

Sun Protection Policy

1. Purpose

The purpose of this Sun Protection Policy aims to ensure all members, officials, visitors and spectators at Diggers Bowls Club events are protected from the harmful effects of the sun..

Diggers Memorial Bowls Club are committed to providing a safe environment including protecting people from the harmful effects of UV radiation and therefore encourages all members and others to follow the guidelines set out below.

2. Shade

- Training sessions, social events and competitions are to be held providing adequate shade utilising the retractable sunshades to cover greens.
- Encourage members, officials, visitors and spectators to use the other shade available.
- Any rinks which are exposed to excessive direct sun (particularly during summer months), should only be utilised when necessary.
- Marshalling, interchange and presentation ceremonies to be conducted in the clubhouse or other areas protected by shade.

3. Hats

- Encourage participants to wear sun-safe hats that protect the face, neck and ears. It is recommended sun-safe hats including legionnaire, broad-brimmed and bucket hats be worn. Baseball caps do not provide adequate sun protection and are not recommended.
- Encourage those who do not bring hats, to stand/sit in an area protected from the sun whilst not in the process of delivering a bowl or whilst watching games.

4. Clothing

- Encourage participants to wear sun-safe clothing that covers as much skin as possible, including shirts/tops with longer sleeves and a collar, and long shorts or pants.
- Club uniforms will incorporate clothing that is cool, loose fitting and made of densely woven fabric and where possible, include an ultraviolet protection factor (UPF) rating above 15 into the fabric as this provides good protection against UV radiation. UPF50+ is recommended (AS/NZS 4399:199) if possible.

DIGGERS MEMORIAL BOWLS CLUB INC.

A.B.N. 95 045 474 143

5. Sunglasses

- Encourage participants to wear close fitting, wrap-around sunglasses that cover as much of the eye area as possible and comply with Australian Standard AS/NZS 1067:2016.

6. Sunscreen

- Members, officials and other participants are encouraged to use a water-resistant sunscreen which is at least SPF30+, broad-spectrum and apply it appropriately where required.
- Sunscreen should be applied at least 20 minutes before going outdoors, and reapplied every 2 hours when outdoors, or after perspiring.
- The Club will also provide a supply of SPF30 (or higher) broad-spectrum, water resistant sunscreen for use of members, officials, visitors and spectators.

7. Sun Safety Awareness

- Club committee members to regularly promote sun protection information to members, officials, visitors and spectators through briefings or training sessions, newsletters, notice boards, online communications, enrolment and announcements at sporting events.

8. Review

The Club Committee will regularly monitor and review the effectiveness of this policy to ensure it remains relevant and current.